Teague Elementary

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September 2018

Christina Fuller, Principal

Did you know our brains can grow? At Teague Elementary we encourage a GROWTH MINDSET!

A Parent's Guide

ENCOURAGING A GROWTH MINDSET

What is a growth mindset?

Growth mindset is a concept developed by Carol Dweck, a Professor of Psychology at Stanford University. It is the belief that a person's abilities and intelligence can be developed through practice, hard work, dedication, and motivation.

What is a fixed mindset?

A **fixed mindset** is the notion that intelligence and talent alone will lead to success. People with a fixed mindset believe that these things are "fixed" and canhot be developed or improved upon. They believe that you are either born with it or not, and nothing can change that.

Why is having a growth mindset important?

Research has shown that children who have a fixed mindset are more likely to:

- Fear failure
- Give up on tasks they feel are too difficult
- Ignore feedback Avoid challenges
- Feel threatened by the success of others

Children who have a growth mindset are more likely to:

- Learn from their mistakes
 - Be motivated to succeed
- Put forth more effort
- Take challenges head on
- · Take risks
- · Seek feedback
- Learn more
- Learn faster

Important Dates

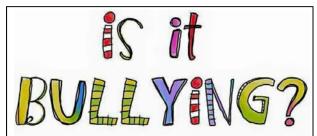
- Sept. 3 Labor Day (NO School)
- Sept. 7 Fundraiser Kick-off
- Sept. 7 Grandparent's Day Lunch (note coming home)
- Sept. 18 PTO/Open House/Title 1 Meeting 5:45 -7:00

Important Times

- 7:15 Doors Open
- 7:40 Students dismiss to class
- 7:50 Tardy bell rings
- 3:20 Dismissal

Lunches:

PreK- 10:45/Kinder - 11:00/1st- 11:20/2nd - 11:40/3rd - 12:10/4th - 12:30



When someone says or does something unintentionally hurtful and they do it once, that's RUDE.

When someone says or does something intentionally hurtful and they do it once, that's MEAN

When someone says or does something intentionally hurtful and they keep doing iteven when you tell them to stop or show them that you're upset—that's

BULLYING.

Programs Offered On Campus

*Gifted and Talented *ESL (English as a Second Language) *PPCD (Preschool Program for Children with Disabilities) *Speech *Dyslexia *Life Skills *Resource *Inclusion *Various interventions *Readies Bodies

Ways to Help Your Child at Home:

- Study sight words (pk-4)
- Study vocabulary (pk-4)
- Study math facts (1-4)

All of these can be done by playing games.

No transportation changes or early pickups after 3:00.